



with James E. Hughes  
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SESSION 3

# OUR RELATIONSHIP WITH MONEY

*Money is only a tool. It will take you wherever you wish, but it will not replace you as the driver.*  
-Ayn Rand

## WHAT YOU WILL LEARN

1. A framework to begin understanding your relationship with money
2. Have greater empathy for people's personal money stories

## REFLECTIONS

In what ways is your relationship with money evolving?

What is one thing you can do to have a healthier relationship with money?